

Sizes and Dimensions

Size	S	M	L	XL	XXL
Waist to fit in inches	29-31	32-34	35-36	37-38	39-40
Actual waist in cm (relaxed)	68	72	76	80	84
Actual waist in cm (extended)	104	108	112	118	124
Outside leg in cm (including waistband)	37	37.5	38	38.5	39